



S | D | A | O

NEWS & RISK MANAGEMENT REVIEW

SUMMER 2021

Contents

SDAO

- 1 Protect Your District From Cyberattacks
- 2 Board Member Spotlight - *MaryKay Dahlgreen*
- 3 Free Online Trainings Available for Members
- 3 Board Leadership Academy - James Snyder
- 4 2021-22 SDAO Awards Program
- 5 Upcoming Regional Trainings
- 6 SDAO Scholarship & Grant Fund
- 7-8 Special Districts Consulting Services
 - 9 Internship Grant Program - *Award Recipients*
- 10 Engaging Local Government Leaders (ELGL)
- 11-12 Where in OR Are Your SDAO Board of Directors?
- 13 2021 Member Scholarship Golf Tournament
- 14 SDAO Academy - *Certificate Recipients*
- 15-16 How the ShakeAlert® Warning System Works
- 17-18 Legislative Update
 - 18 Disposable Wipes Legislation Passes
- 19 Members in the News

SDIS

- 21 Welcome Katherine Taylor & Keri Staich
- 22 2021 Best Practices Program - *Survey Open*
- 23-24 Rising Construction Costs in Today's Market
- 25-26 Cyber Crime on the Rise
 - 26 Going Back - *Consider Job Descriptions*
- 27-29 Protect Your Property from Wildfires & Winter
 - 30 The Importance of Preventative Care
- 31-32 Regence Advantages
- BC Member Calendar





— SDAO Board of Directors —

President

Michele Bradley, Port of Tillamook Bay

Vice President

Todd Heidgerken, Clackamas River Water

Secretary

Ben Stange, Polk County Fire District #1

Treasurer

Emily Stumpf, Multnomah County Drainage District #1

Past-President

Carl Tappert, Rogue Valley Sewer Services

Board Members

Nick Bakke, Rogue Valley Sewer Services

MaryKay Dahlgreen, Lincoln County Library District

Adam Denlinger, Seal Rock Water District

Jennifer Holland, Sisters Park & Recreation District

Kathy Kleczek, Sunset Empire Transportation District

Scott Stanton, Umatilla County Fire District #1

Brent Stevenson, Santiam Water Control District

— Next Board of Directors Meetings —

Sept. 16 | 10 a.m. | Salem Office

Nov. 4 | 9 a.m. | Location TBD
(Joint Work Session with Board of Trustees)

Nov. 4 | 1 p.m. | Location TBD

— Executive Director —

Frank Stratton

— Services —

Awards, Education and Training, Internship Grant, Legislative, Research and Technical Assistance, Scholarship and Grant Fund. and SDAO Advisory Services, LLC

— Contact —

Main Office

PO Box 12613 | Salem OR 97309-0613

Toll-Free: 800-285-5461

Phone: 503-371-8667

Email: sdao@sdao.com | Web: www.sdao.com

Claims Office

PO Box 23879 | Tigard OR 97281-3879

Toll-Free: 800-305-1736 | Phone: 503-670-7066

PROTECT YOUR DISTRICT FROM CYBERATTACKS

RESOURCES AVAILABLE FOR SDAO MEMBERS

By: Frank Stratton, Executive Director



Cybersecurity crimes are on the rise, and unfortunately, Oregon's special districts are not immune to these attacks. While we have long discussed the importance of staying vigilant about securing your networks, cybersecurity has forced its way into becoming a critical priority for all government entities, including your district.

News of cyberattacks are increasing by the day and are becoming a major problem around the world. No one is safe, and it is crucial that your district protect itself. Just this year, we have had several members of the SDIS pool experience ransomware attacks, each resulting in half-a-million dollar ransoms. We cannot let this continue. Right now, our best line of defense is educating ourselves and taking extreme precautions.

Last year, the SDIS Board of Trustees approved an investment in offering cybersecurity resources

to members. This year, we are offering a series of cybersecurity webinars at no cost. If you miss one of these webinars, you can watch the recording at a later date that is more convenient. In addition, there is a cybersecurity guidebook available that covers best practices and cyber tips. Information is available on our website at www.sdao.com/cybersecurity-resources.

Our team has also put together an informative article in this newsletter with tips that can help you and your district stay safe. If you have any questions, please feel free to reach out to SDAO at 800-285-5461 or sdao@sdao.com.

Investing your time in learning how to fight cyberattacks will not only benefit your district but those you serve. Let's work together to protect our districts.

Board Member Spotlight:

MaryKay Dahlgreen

Lincoln County Library District
Newport, Oregon



SDAO Board of Directors Position: True At-Large Representative

June 11, 2020 - Present

What role do you serve at your special district and how long have you been with them?

I have served as the Director of the Lincoln County Library District (LCLD) since August of 2018.

How did you get involved with your district?

I have been a librarian in Oregon off and on since 1984 and have always admired the good work that library districts accomplish for Oregonians. When this opportunity presented itself I jumped at the chance. The fact that it was at the Oregon coast didn't hurt either.

Why did you seek to join the SDAO Board of Directors?

There are so many types of districts in SDAO with so many different functions it feels important to provide and learn from many different perspectives.

How has SDAO helped you or your district?

When I started at LCLD I had lots of experience with libraries, some experience with special districts

but had never been in a position where I needed to know everything about special library districts. SDAO has provided me and the district with context, information, and valuable assistance with issues that could have turned out badly. The staff is amazing and the level of professionalism and dedication is remarkable.

Tell us about your life outside of your day job(s).

I love to read (bet you are surprised about that). My husband and I live in Corvallis and have a cabin in Camp Sherman. Although I haven't been able to go to the theatre during the pandemic, I love musical theatre and am planning my next trip to New York City to binge on Broadway shows.



Online Trainings – *Free* for SDAO Members



As a representative of an SDAO member district enrolled in the SDIS Property/Casualty Program, you are able to take online trainings through our partner SafePersonnel at no charge. There are over 50 trainings available in various categories including public safety, employment practices, environmental, health and more. This extensive library of trainings is accessible to each district through a personalized website set up by

SafePersonnel. If your district has not yet set up their site, please contact Member Services at memberservices@sdao.com to get more information on how to get started.

In addition, we offer recordings of all of our webinars on our website at www.sdao.com/webinars. All of our First Thursday Webinars, 2020 and 2021 virtual regional trainings, and 2021 SDAO Annual Conference sessions are available for viewing at *any time*.

James Snyder
CERTIFICATE RECIPIENT



Congratulations to James Snyder for receiving the bronze certificate of completion for the SDAO Board Leadership Academy! James is a board member for Rogue Valley Sewer Services based in Central Point, Oregon.

If you are interested in learning more or would like to enroll in one of our board education programs, please visit www.sdao.com/board-leadership-programs.

SDAO

2021-22 AWARDS PROGRAM

Help us celebrate the ingenuity, creativity, and diversity of our members by nominating an individual or special district for the SDAO Awards Program! This program recognizes the outstanding accomplishments of member districts as well as district board members, managers, employees, and volunteers.



Outstanding Special District Program – (District)

This award category recognizes innovative projects and programs, outstanding safety, public information, public involvement in a district decision making process, and outstanding achievement.

Three subcategories have been established for this award:

- Districts with 5 or fewer employees
- Districts with 6 to 25 employees
- Districts with 26 or more employees

Outstanding Special District Service – (Individual)

This award category recognizes individuals who have contributed substantially to the improvement and successful operation of their special district.

Four subcategories have been established for this award:

- Board Member
- Manager (*Nomination must be submitted by the district's board of directors.*)
- Employee (*Nomination must be submitted by the district's manager.*)
- Volunteer

SDAO Board of Directors and SDIS Board of Trustees members are ineligible to be nominated for this award. Winners will be recognized at the 2022 SDAO Awards Banquet in Eugene on February 12th.

The nomination form will be sent via email and mail in August. It will also be available on our website at: www.sdao.com/sdao-awards-program



UPCOMING SDAO REGIONAL TRAININGS

Board of Directors & Management Staff Training

Aug. 17 | Ontario – *Four Rivers Cultural Center*

Aug. 18 | Boardman – *Port of Morrow*

Aug. 31 | Astoria – *Holiday Inn Astoria*

Sept. 2 | Salem – *Chemeketa Eola*

Sept. 7 | Klamath Falls – *Running Y Ranch Resort*

Sept. 9 | Brookings – *Salmon Run Golf Course*

Attorney Eileen Eakins and SDAO Senior Consultant George Dunkel will be traveling across the state to deliver their full-day training tailored to special district board members and management staff. Eileen and George will provide a comprehensive overview of laws and regulations governing Oregon's special districts and the public officials that represent them. It is essential training for newly elected board members and newly appointed management staff, but even experienced individuals will benefit from this training.

Cost - **\$75** for SDAO Members and SDIS Agents | **\$125** for Non-SDAO Members

Registration will open **July 6th**. Please visit www.sdao.com/sdao-board-of-directors-and-management-staff-training-series for more information and the link to register.

Risk Management

Aug. 10 | Redmond – *Eagle Crest Resort*

Oct. 13 | Cottage Grove – *Village Green Resort & Gardens*

Nov. 17 | Newport – *Best Western Agate Beach Inn*

Session topics and registration details for the Risk Management regional trainings are coming soon. Please visit www.sdao.com/risk-management-regional-training-series for the most up-to-date information.

SCHOLARSHIP & GRANT FUND



We understand that having sufficient funds in your budget for training can be a challenge. However, education related to the operation of your district is essential. That is why the SDAO Scholarship and Grant Fund is a great resource for you to utilize to receive assistance for education and training related expenses.

It's easy to apply for a scholarship through the SDAO Scholarship and Grant Fund. Active board members or employees of an SDAO member district can apply for a scholarship that may be used for any SDAO or SDIS course or approved outside educational opportunity such as affiliate conferences or trainings.

The mission of the Special Districts Association of Oregon is to assist special service districts in providing cost-effective and efficient public services to the people of Oregon. Programs and trainings designed to assist with the successful operation of a local government entity can often be cost-restrictive for many of our members. The SDAO Scholarship and Grant Fund is designed to be a resource for our special district members to utilize for education, training, and funding of various association-defined programs related to the operation of a special district.

Donations from our sponsors helps fund:

- SDAO / SDIS training registration fees for districts with minimal funds for education
- Outside educational opportunities for special district representatives such as conferences or trainings
- SDAO Internship Grant Program
- Other related programs and services

Get more details including how to submit an application on our website at
www.sdao.com/sdao-scholarship-and-grant-fund.

Special Districts

Consulting Services



It is hard to believe that summer is upon us. This year seems to be flying by, unlike last year that seemed to go on forever. We are very excited that life is getting back to what our new normal will be, and we are thrilled to get to see our members in person. As COVID-19 restrictions let up, the

Consulting Services team is ready to assist you with your district's needs. However, we are still able to provide you with virtual assistance now and in the future, if that is what you prefer.

Please be sure to make us your first call for any consulting assistance your district may need. **Each year, member districts are eligible for up to eight hours of free consulting services** from one of our skilled senior consultants. After this time is exhausted, members will have the option of continuing at a nominal hourly rate. We assist with management recruitments, organizational assessments, district manager transition planning, board trainings, Board

Practices Assessments, and much more. We hope to hear from you soon!

- George and Shanta

Testimonial

"As a member of Special Districts for the last four decades, we have employed several areas of service over the years. Recently, our district utilized SDAO's consulting services for management recruitment. The vacancy was for superintendent. The Board and senior staff made the decision to invest in the expertise of SDAO for such a critical hire. SDAO (Bob Keefer) facilitated the recruitment from the inception, resulting in acquiring a superior candidate. During recruitment, every phone conversation, email, video chat, and in-person interaction was performed with the utmost professionalism. We would not hesitate to enlist your consulting services in the future. Bob Keefer, Senior Consultant and Shanta Carter, Consulting Services Administrator, made the process seamless with exceptional results."

*Thank you, SDAO!
River Road Park & Recreation Board and Staff*



Meet Gordon Sletmoe, Senior Consultant

How did you come to be a consultant for SDAO?

I first became aware of SDAO while working for Medford Fire/Rescue where we used SDAO Consulting

Services for help with our work with Medford Rural Fire Protection District 2. I became much more familiar with SDAO after I transitioned into the Fire Chief position at the Lebanon Fire District where we used SDAO services extensively. As I neared retirement last year, it became clear to me that I could continue to contribute to the Fire Service in Oregon by joining SDAO's Consulting Services team.

What excites you most about the work you do for SDAO?

I find it very interesting to see how fire districts around the state function, what challenges they face, and the very creative solutions that they have come up with. I enjoy the opportunity to continue being a part

of the fire service and the interaction that comes with it. Even though retirement looks different (much different) from my lengthy career in the fire service, it is satisfying to be able to contribute.

Tell us about your life outside of your day job(s).

My wife, Lisa, and I enjoy spending time with our three married children and are looking forward to spending more time towing our travel trailer around exploring with our puppy Scout.

As always, we appreciate you making us the first call for your organization's needs and we look forward to hearing from you soon and hopefully seeing you even sooner.

For more information about the Consulting Services Program and the services we offer, please contact us at sdaoconsultingservices@sdao.com or call 800-305-1736.



SDAO INTERNSHIP GRANT PROGRAM **AWARD RECIPIENTS**

We are excited to report that Special Districts Association of Oregon awarded **\$65,973.84** in funding to 23 special districts in Oregon through the 2021 SDAO Internship Grant Program. These grants are used by award recipients to help fund district projects and provide local government work experience to college students.

This year, we were able to fund **all** grant requests in order to assist districts in the training of interns and support of their communities.

All SDAO members were invited to apply. The following districts were selected:

<i>Basin Transit District - \$3,000</i>	<i>Port of Cascade Locks - \$3,000</i>
<i>Brownsville RFPD - \$1,500</i>	<i>Port of Hood River - \$3,000</i>
<i>Deschutes SWCD - \$3,000</i>	<i>Oregon International Port of Coos Bay - \$3,000</i>
<i>Halsey-Shedd RFPD - \$1,500</i>	<i>Scio RFPD - \$3,000</i>
<i>Harrisburg Fire and Rescue - \$3,000</i>	<i>Sweet Home Fire & Ambulance District - \$3,000</i>
<i>Junction City RFPD - \$3,000</i>	<i>Tualatin Hills Park & Recreation District - \$3,000</i>
<i>Klamath Irrigation District - \$3,000</i>	<i>Turner Fire District - \$3,000</i>
<i>La Pine RFPD - \$3,000</i>	<i>Umatilla County Fire District #1 - \$3,000</i>
<i>McKenzie Fire and Rescue - \$3,000</i>	<i>Umatilla RFPD - \$3,000</i>
<i>North Unit Irrigation District - \$3,000</i>	<i>West Multnomah SWCD - \$3,000</i>
<i>Pilot Rock Fire District - \$3,000</i>	<i>Wiard Memorial Park District - \$3,000</i>
<i>Pleasant Hill/Goshen Fire District - \$2,973.84</i>	

Next year, we encourage your district to apply for an internship grant! Watch for more information in the winter. If you have any questions, please contact Jennifer Quisenberry at jquisenberry@sdao.com.

Students From Across Oregon Participate in Networking Event About Local Government Careers

By: Kirsten Wyatt, ELGL Co-Founder and Executive Director

On April 15, the Engaging Local Government Leaders (ELGL) network, League of Oregon Cities, Special Districts Association of Oregon, Government Finance Officers Association of Oregon, and IPMA-HR Oregon Chapter partnered on a two-hour event about local government careers for students from Clackamas Community College, Mt. Hood Community College, Willamette University, University of Oregon, and Portland State University.

The event started with short presentations about the wide variety of jobs available with local governments, ranging from city management, to public safety, to diversity, equity, and inclusion. Presenters shared what a “typical day” looks like in their roles, and also reflected on the undergraduate coursework that has been most useful in their careers.

Students then had a chance to visit in small virtual groups with the speakers, to ask questions and learn more about career paths.

Stefan Myers from Tualatin Valley Fire & Rescue shared after the event: “The best moment was meeting a student who was in community college and serves as the student body president. I then got the pleasure of sharing that I actually am a community college graduate and was student body president. We bonded and had a great discussion on what it was like to work in local government versus non-profit.”

The event concluded with a panel discussion with Tigard Human Resources Manager Brandi Leos, Klamath Falls Assistant to the City Manager Eric Osterberg, and Springfield Management Analyst Sam Kelly-Quattrocchi. They shared their experiences and stories about finding a local government job or internship.



Special thanks to all of the speakers at the event for volunteering their time to inspire the next generation of local government leaders to public service careers. Special district representatives at the event included:

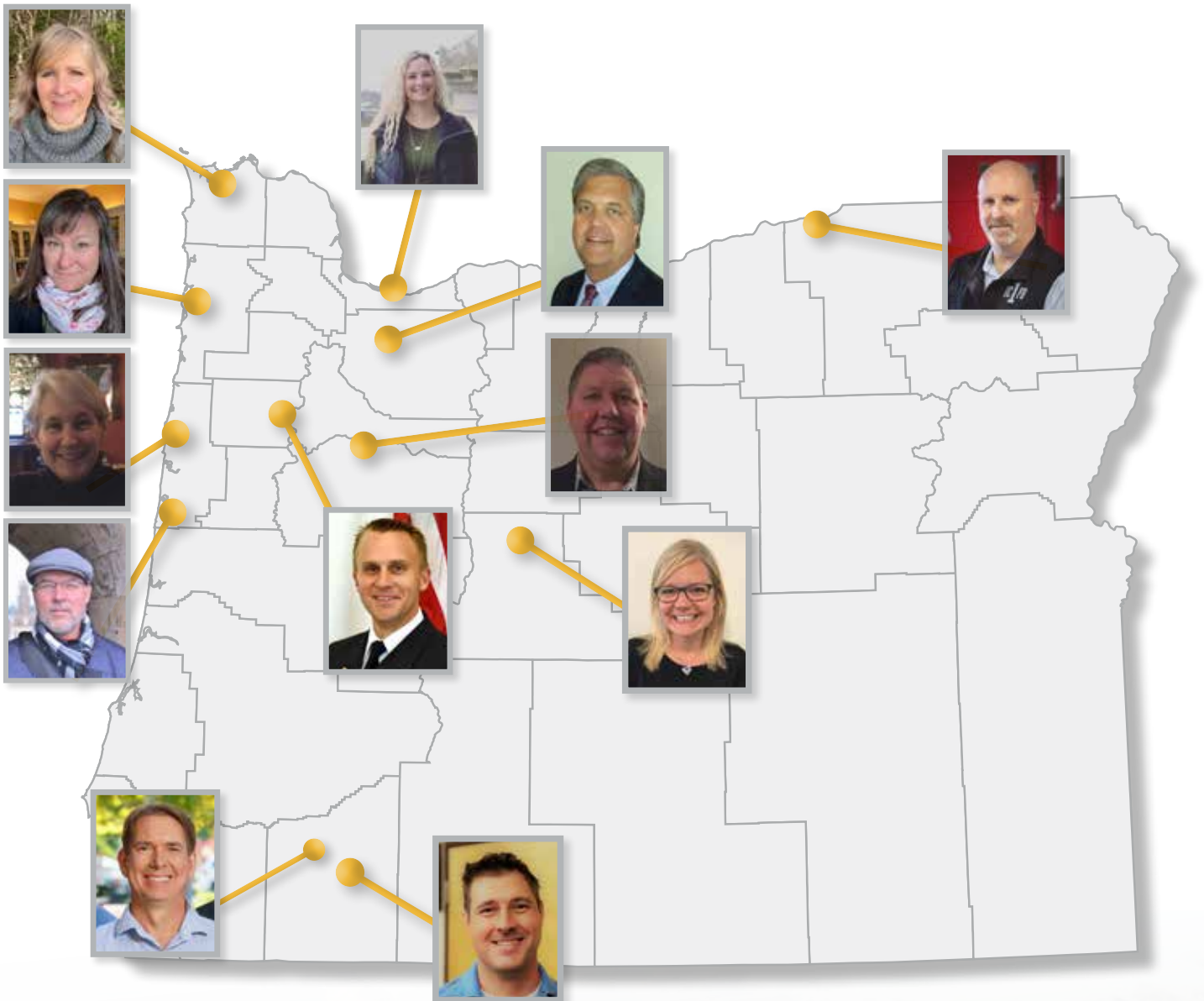
- **MaryKay Dahlgreen** - Lincoln County Library District Library, *Library Director*
- **Felicita Montebianco** - Tualatin Hills Parks & Recreation District, *Director*
- **Stefan Myers** - Tualatin Valley Fire & Rescue, *Public Information Officer*
- **Kathy Kleczek** - Sunset Empire Transportation Dist. NW Transportation, *Operations Specialist*
- **Jennifer Quisenberry** - SDAO, *Director of Membership Services*

WHERE IN REGON

ARE YOUR 2020-21 SDAO BOARD OF DIRECTORS

Oregon's special districts are located in every region of the state. It is important to our association to have geographical diversity on the SDAO Board of Directors so interests of all districts are well represented. To the right, will find a list of our board members including their district and location.

These individuals are the policy-making body for the association and dedicate their time several times a year to participate in board meetings, trainings, and other association business.





Michele Bradley (Board President)
Port of Tillamook Bay
Tillamook



Todd Heidgerken
Clackamas River Water
Clackamas



Carl Tappert (Past President)
Rogue Valley Sewer Services
Central Point



Ben Stange
Polk County Fire District #1
Independence



Emily Stumpf
Multnomah County Drainage Dist. #1
Portland



Adam Denlinger
Seal Rock Water District
Seal Rock



Kathy Kleczek
Sunset Empire Transportation Dist.
Astoria



MaryKay Dahlgreen
Lincoln County Library District
Newport



Nick Bakke
Rogue Valley Sewer Services
Central Point



Jennifer Holland
Sisters Park & Recreation District
Sisters

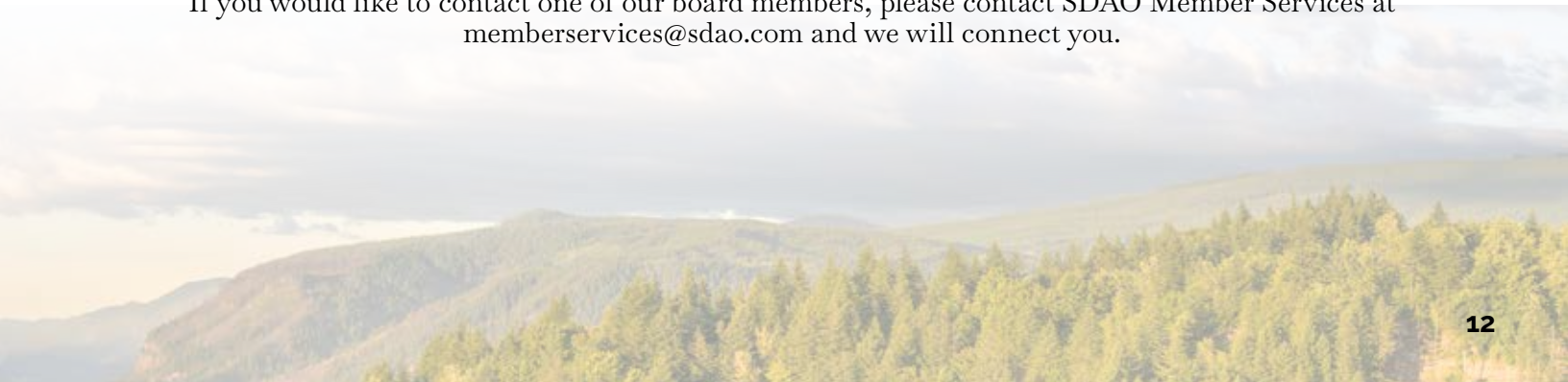


Brent Stevenson
Santiam Water Control District
Stayton



Scott Stanton
Umatilla County Fire Dist. #1
Hermiston

If you would like to contact one of our board members, please contact SDAO Member Services at memberservices@sdao.com and we will connect you.



2021 SDAO MEMBER SCHOLARSHIP GOLF TOURNAMENT

SEPTEMBER 17, 2021

**Join SDAO for our 2021 Member Scholarship Golf Tournament
at Chehalem Glenn Golf Course in Newberg.**

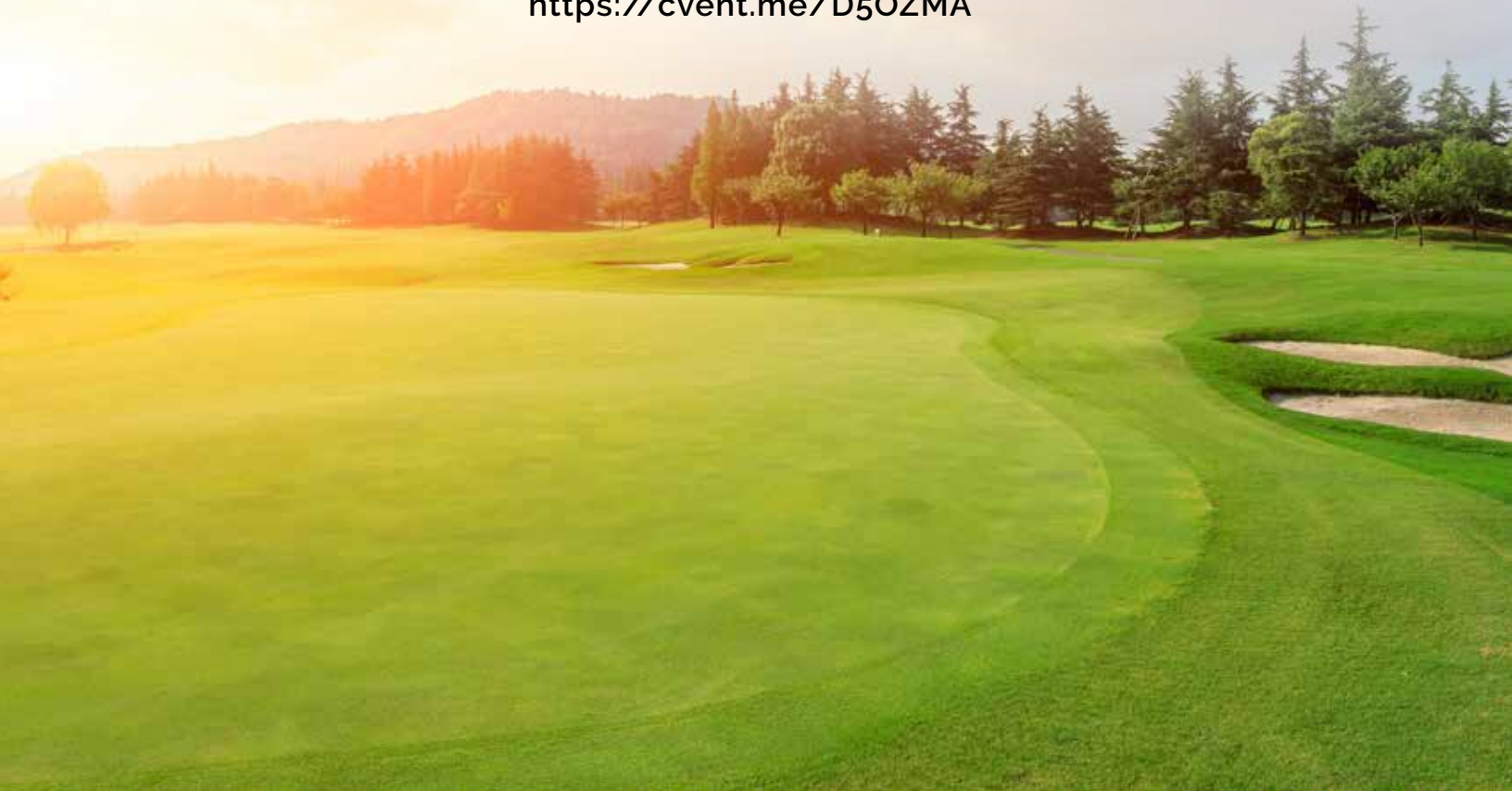
Cost: \$35 per person/\$140 per team of four
Maximum of 4 golfers (1 team) per district or agency
Includes: Lunch, 18 holes of golf, shared use of cart, and dinner*

For the safety of our members, staff and sponsors, we will ensure that all COVID-19 protocols are followed. If county, state or federal restrictions do not allow for the event to be held, we will alert all members and issue any applicable refunds in full.

Registration will open July 12th and will close when teams are full. Teams with fewer than four members will be assigned additional players. *Space is limited and is expected to fill up quickly.*
Tournament proceeds will go to fund member training scholarships.

For more information and to register after July 12th, visit

<https://cvent.me/D5OZMA>





SDAO Academy

Certificate Recipients

Congratulations to our recent SDAO Academy certificate recipients!

Caitlin Blagg

Sherman County Health District

Jessica Gibson

Klamath 9-1-1 Emergency Communications District

Bruce Holsey

Clatskanie RFPD

Kathy Kleczek

Sunset Empire Transportation District

Trish Lutgen

Aumsville RFPD

Kimberly Morse

Deschutes County 9-1-1

Dana Schulke

Crooked River Ranch RFPD

Mark Spross

METCOM 9-1-1

SDAO Academy offers current, in-depth training and education opportunities in three specialty areas including district management, human resources and personnel management, and risk management and operations. Knowledge and skills in these subjects are critical elements required for success as a leader at a special district. Participants develop their leadership and management skills and are better prepared to take on more responsibility at their district. To learn more, visit www.sdao.com/sdao-academy.

How the ShakeAlert® Earthquake Early Warning System Works



Special Districts Association of Oregon is partnering with ShakeAlert®, the United States Earthquake Early Warning System, to inform you about earthquake risk in Oregon and what your district can do to mitigate damage from earthquake shaking. We began this series talking about earthquake hazards in Oregon. Let's continue by talking about how the ShakeAlert® System provides alerts to the public.

ShakeAlert® is an early earthquake warning system that detects significant earthquakes quickly enough to alert people and automated systems seconds before shaking arrives. By providing the time until strong shaking arrives at a location, ShakeAlert® can save lives and reduce injuries by giving people time to take a protective action like drop, cover, and hold on, or moving away from hazardous areas.

ShakeAlert® is not earthquake prediction, rather a ShakeAlert® issued by the United States Geological Survey (USGS) indicates that an earthquake has begun, and shaking is imminent.

Earthquakes occur when rock breaks along a fault line. This sudden release of energy creates seismic waves which travel through Earth's crust and make the ground shake – otherwise known as an earthquake. Earthquakes do not occur instantaneously; instead, faults underground rupture like a zipper opening over seconds or tens of seconds.

Today, a network of seismic sensors deployed across California, Oregon, and Washington are constantly measuring ground motion. They send this

ground motion data to centralized USGS processing centers. When an earthquake occurs and more and more sensors feel this ground motion, fast-working algorithms at USGS data processing centers determine that an earthquake is occurring and rapidly begin to estimate the location of the rupturing fault, the magnitude (strength) of the earthquake, and the estimated shaking intensities across the affected area. The USGS published this raw data - referred to as a ShakeAlert® - to its alert server, making it available to partners to use. To activate a ShakeAlert® message, at least four seismic sensors need to feel the same ground motion.

Seismic waves move fast, but not faster than the speed of sound when moving through rock (10,000 mph). Meanwhile, information recorded by seismometers is sent to processing centers at virtually the speed of light (670,616,629 mph). Algorithms take just a few seconds to calculate the intensity and area of shaking, and just a few more seconds to send out a ShakeAlert® message. So, during an earthquake, many people will get an early warning about earthquake shaking prior to feeling shaking.

Approved USGS technical partners take the published ShakeAlert® and turn it into public alerts, allowing individuals to get to a safe place before shaking starts. Examples of public alerts include a federal, state, or county emergency alert push-notification on your phone, cellphone app, or public address system in a building. This time can allow you to take protective action before shaking arrives at your location.

USGS-approved technical partners are also working to develop more uses for ShakeAlert® messages, allowing organizations to take automated actions upon receiving an alert. In this way, you will benefit from ShakeAlert® without your immediate knowledge. **Current examples of how technical partners use the USGS ShakeAlert® data to take automatic actions include:**

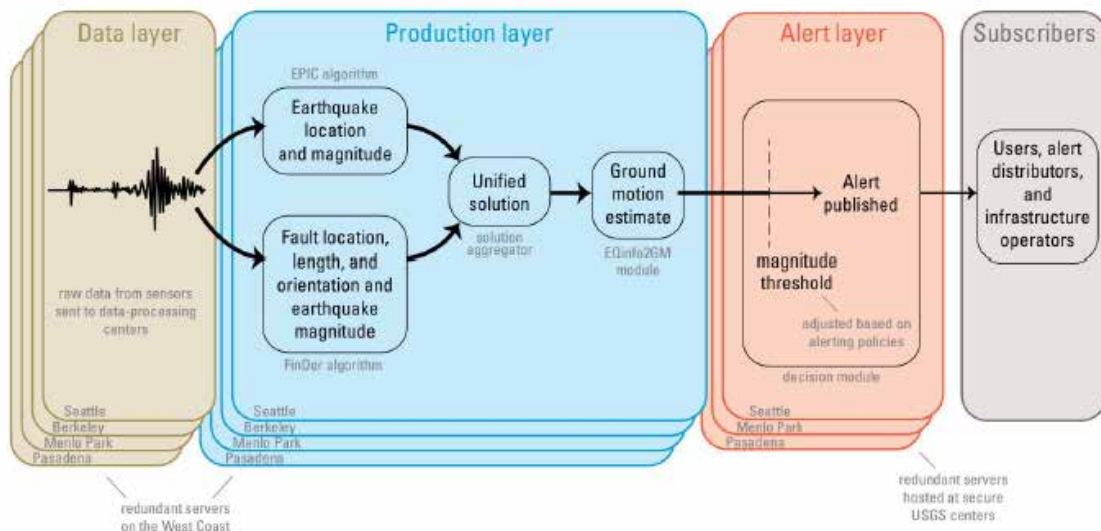
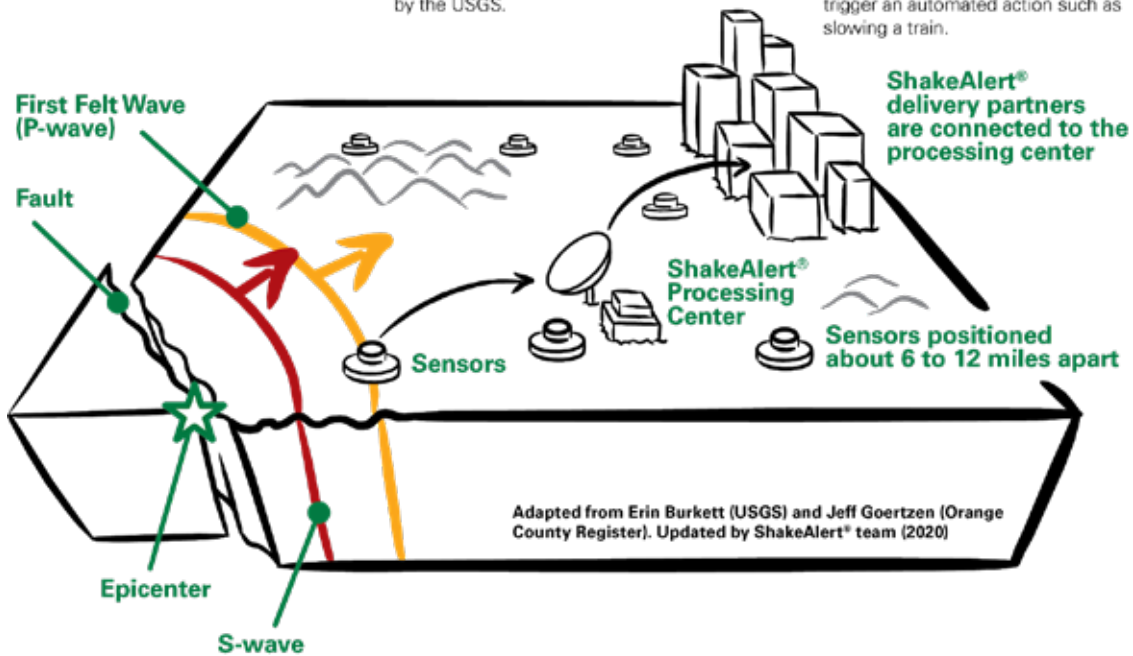
- slowing trains to prevent derailment
- closing bridges to prevent cars from entering vulnerable bridges and tunnels

- throttling water utility valves to prevent emptying of drinking water reservoirs
- opening firehouse doors so they are not stuck shut
- activating backup generators at hospitals to ensure continued service

Actions like these provide time to put critical infrastructure in “safe mode” so they can tolerate strong shaking and get up and running once shaking stops.

ShakeAlert® EARTHQUAKE EARLY WARNING BASICS

- 1 During an earthquake, a rupturing fault sends out different types of waves. The fast-moving P-wave is first to arrive, followed by the slower S-wave and later-arriving surface waves.
- 2 Sensors detect the P-wave and immediately transmit data to a ShakeAlert® processing center where the location, size, and estimated shaking of the quake are determined. If the earthquake fits the right profile a ShakeAlert® Message is issued by the USGS.
- 3 A ShakeAlert® Message is then picked up by delivery partners (such as a transportation agency) that could be used to produce an alert to notify people to take a protective action such as **DROP, COVER, AND HOLD ON** and/or trigger an automated action such as slowing a train.



LEGISLATIVE UPDATES

By: Mark Landauer and Hasina Wittenberg,
SDAO Government Affairs



Article written June 16, 2021

As the 81st Legislative Assembly enters its final days until the constitutional deadline of June 27th to conclude their business, the pace and frequency of floor sessions has increased as legislators race to finish the state's business. Both chambers have been meeting daily and floor sessions have been productive with few delays. In order to get the state's business completed by this deadline, the Assembly has been on one-hour notice for work sessions and amendments since the beginning of June.

Last week, in an unprecedented move, the House expelled Representative Mike Nearman as the first sitting legislator to be removed from office in the state's history. He was expelled on a 59-1 vote for disorderly conduct in the premeditated and orchestrated breach of the Capitol's security on December 21, 2020 during a special session of the Assembly.

On May 19th, the Office of Economic Analysis presented its eighth and final economic and revenue forecast of the 2019-2021 biennium. This forecast is used to build the 2021-2023 biennial budget and enables the Joint Ways and Means Committee to begin filling in the blanks on state agency budgets. Bottom-

line, the state has a whole lot more resources than was anticipated only back in March. There will be more than an additional billion dollars available than previously predicted, for not only this upcoming biennium but for the following two! Furthermore, the state has received unprecedented amounts of federal funds coming to the state to assist in responding to and recovering from the pandemic. The forecast also predicts that taxpayers will receive a personal income tax kicker to the tune of nearly \$1.4 billion that will be credited to individual 2021 tax returns.

Meanwhile, the only committees that remain open at this point are the Rules Committees in both chambers, the Senate Revenue and Finance Committee, the House Revenue Committees, and the Joint Ways and Means Committee. Much of the attention is on the Ways and Means Committee as budgets for various agencies have either passed or are in the pipeline to be passed. The largest of those budgets, the K-12 budget, received approximately \$9.3 billion. With another \$250 million for summer school and the possibility of other last-minute additions, this will be the largest amount in the state's history for K-12.



Additionally, most bills that have a fiscal impact are in the Joint Ways and Means Committee awaiting clearance for work sessions. If those policy bills with fiscal impacts get scheduled for a work session, it is an indication that budget writers will provide the necessary funding for those bills to move forward.

Congress approved \$2.6 billion in American Rescue Plan (ARPA) funds for the State of Oregon and \$1.5 billion for Oregon's cities and counties. Special districts were not allocated any funding by the federal government, but the legislation allowed the state and local governments to transfer funding to special districts. As many of you know, SDAO began advocating several months ago that the Governor and legislators transfer \$130 million in ARPA funds to special districts. In the first round of funding, special districts received just over \$25 million and over half of those funds went to rural fire protection districts. Unfortunately, the Governor did not

choose to recommend that special districts receive ARPA funds and legislators seem unlikely to allocate ARPA funds to assist districts prior to the legislature's adjournment.

Another development worth noting is that the legislature will meet again during the third week of September to attempt to complete and pass a redistricting plan. As you will recall, the US Census was unable to provide the necessary data to the Legislative Assembly for them to conduct redistricting and get that completed by July 1st. As a result, legislative leadership petitioned the state's Supreme Court asking their guidance on whether redistricting could be done at a later time. The Court ultimately gave the legislature the green light to conduct a special session in September to complete this important work. If the legislature is unable to pass a redistricting plan on time in September, the responsibility to do it will fall to Secretary of State Shemia Fagan.

DO NOT FLUSH

Disposable Wipes Legislation Passes



Oregon's wastewater utility providers can celebrate the passage of a recent house bill tackling non-flushable wipes. HB 2344 was signed last week by Governor Kate Brown and will go into effect on July 1, 2022 requiring "Do Not Flush" labeling on disposable wipes. SDAO, along with the Oregon Association of Clean Water Agencies and the League of Oregon Cities, were integral partners in the introduction of HB 2344 which addresses the ongoing challenges and rising costs associated with wipes and related products being flushed down the toilet. Though these products are often marked as being flushable, they are wreaking havoc on residential and community pipes resulting in sewer backups, overflows, and damage to pumps and wastewater equipment with an estimated \$440 million per year in additional operational costs for wastewater utilities (National Association of Clean Water Agencies, 2020). For more information, visit <https://bit.ly/3zAggOh>.

SDAO Members *in the* news

Find additional news clippings online at www.sdao.com > Newsroom

Volunteers remove 300 pounds of trash in Milwaukie area

Clackamas Review | 5/21/2021

Clackamas Water Environment Services (WES) and SOLVE kicked off their fourth annual Summer Waterway Cleanups series in the Milwaukie area by removing nearly 300 pounds of trash. At the 3-Creeks Natural Area on May 20, more than 40 volunteers worked together, taking precautions regarding the spread of COVID-19. Among the items they removed were a car tire, car parts and a box spring. Owned by WES, Clackamas officials said the 3-Creeks Natural Area is an important patch of fish and wildlife habitat in an urban area that provides stream habitat for threatened and endangered species. At the cleanup event, volunteers learned firsthand how objects on the ground can end up in waterways if not removed due to urban stormwater runoff, which is a leading cause of water pollution in Oregon.

Please visit <https://bit.ly/3iQCbuO> to read more.

Weston Cemetery: A community's historic treasure in rural Oregon

Union Bulletin | 5/31/2021

It's hard for Zach Meyer to draw a line between where his board service on the Weston Cemetery District ends and family life begins. Meyer, along with Duane

Thul and Sallie McCullough, make up the elected, volunteer board in charge of keeping these 9 acres functioning well enough to house the dead and serve the living. The job is not only an honor for Meyer, but a multi-pronged connection to his heritage, he said. That line to the Weston Cemetery began with his great-great grandfather, Alex "Bump" McCorkell.

Please visit <https://bit.ly/3gL8atq> to read more.

US Bureau of Reclamation funds CO Irrigation District water conservation pilot project

KTVZ.com | 6/1/2021

The federal Bureau of Reclamation said Tuesday it is allocating \$219,496 for two water conservation pilot projects in Central Oregon and the Hood River Basin. The Central Oregon Irrigation District and East Fork Irrigation District water management pilots will analyze improvements to conserve water for identified needs in their areas. The two districts are providing \$232,480 in cost-sharing for the two pilot projects. "Collaboration is key for Reclamation and its partners to meet future water supply challenges," said Chief Engineer David Raff. "These pilot projects are good examples of collaboration to develop proactive solutions that can work locally, regionally and throughout the nation."

Please visit <https://bit.ly/3vBoJdY> to read more.

*Providing reasonable, stable rates, and
broad coverage to Oregon's public entities*

SDIS Board of Trustees

- Chair:** Andrea Klaas, Port of The Dalles
- Vice Chair:** Mike Jacobs, Tualatin Valley Water District
- Secretary:** Mark Hokkanen, Tualatin Hills Park & Recreation District
- Treasurer:** Stacy Maxwell, Jackson County Fire District 3
- Trustees:** David Lindelien, Lane Transit District
Harvey Hall, Northern Wasco County PUD
Darren Bucich, McKenzie Fire & Rescue
- Emeritus:** Ted Kunze, Canby Fire District No. 62

Services

- Background Checks
- Claims Administration
- Drug-Free Workplace
- Management Consulting Services
- On-site Loss Control Consultations
- Pre-Loss Legal Services
- Public Safety EAP
- Safety and Security Grant Program
- SDIS Insurance Programs

Next SDIS Board of Trustees Meetings

- Sept. 8, 2021 | 10 a.m. | Tigard Office
- Nov. 3, 2021 | 1 p.m. | Location TBD
- Nov. 4, 2021 | 9 a.m. | Location TBD - *(Joint Work Session with SDAO Board of Directors)*



Katherine Taylor & Keri Staich!

We welcome Katherine Taylor into her new role as our Return-to-Work Consultant! Recently, Dustin Karstetter departed from the return-to-work position, and Katherine was selected as his replacement. Katherine has been an SDAO Workers' Compensation Senior Claims Examiner for over four years and not only offers us a strong background in workers' compensation claims, but also experience working as a marketing manager and other customer facing roles. When she voiced her desire to work one-on-one with our districts, we knew she was a perfect fit. Katherine's combination of in-depth knowledge of claims and disability and strong customer service skills will make her a great asset to our members and their employees.

Keri Staich was hired to take over the workers' compensation claims previously managed by Katherine. We are very excited to welcome Keri onto our team. She comes to us with over 24 years of insurance experience, 12 of which have been in a senior claims examiner role. Additionally, her prior experience at Empire Pacific Risk Management provided her with experience in working for a Trust. Keri is married with two children and lives in the Portland area. We know she will be a great asset to our members and the workers' compensation department.

Katherine Taylor

Return-to-Work Consultant
Ktaylor@sdao.com
800-305-1736

Keri Staich

WC Senior Claims Examiner
Kstaich@sdao.com
800-305-1736



Fill Out Your Best Practices Survey Today!

We know that you and your colleagues have been working hard to achieve all of the available credits for this year's Best Practices Program. Now it's time to get those requirements checked off on the survey and submitted for credit!

Steps to complete the survey:

- Visit www.sdis.org and sign in
- Click or tap on Insurance located on the left
- Next, click or tap on Best Practices located on the left
- Click or tap Take Survey
- Once in the survey, check all of the applicable boxes. After you are finished, click or tap **Save at the top right of the screen.**

After you select **Save**, our underwriters have your survey. The best part is, if you complete more credits you can come back and edit the survey all the way until the **November 5th deadline.**

Don't procrastinate! Your district can't receive any credit for your hard work unless the Best Practices Survey is filled out and submitted (saved) on the Insurance Site.

For more information about the Best Practices Program, please visit www.sdao.com/best-practices-program.

If you have any questions, please contact Jaime Keeling at jkeeling@sdao.com or 800-285-5461.

Best Practices Program *Survey Open!*

Deadline: November 5, 2021



Top 6 Factors Contributing to **RISING CONSTRUCTION COSTS** in Today's Market

By: Ron Acebal, CBIZ



Insuring property has become challenging in recent years. Property owners and brokers have been increasingly burdened with rising property insurance premiums, increased scrutiny from underwriters, and calls for better exposure data. As if this wasn't enough, they also now need to keep pace with rising construction costs.

Recently, SDIS has received a number of inquiries regarding the increasing cost of construction and the potential impact on the replacement costs for insured property. To provide some insight on the subject, SDIS asked CBIZ Valuation Group, who administers SDIS's Property Appraisal Program to provide an overview of some of the items currently impacting the cost of construction for their insured.

Increased demand for materials globally, a shortage of skilled construction labor, and U.S. tariffs restricting the supply of many materials needed for construction are on the verge of creating the perfect storm. This confluence of events is dramatically impacting construction costs in the US. Here is a summary of the items impacting construction price increases as we move through 2021.

Oil

Crude oil prices have skyrocketed more than 80% since October 2020, which is critical since oil is integral to the construction industry. From manufacturing construction materials, to transportation and job site equipment operation, oil

plays a primary role in the success of construction projects. As Americans begin to resume pre-pandemic behavior such as travel, crude oil prices could continue to rise throughout 2021.

Steel

U.S. steel prices are almost 70% higher than the global market price, even with both China and Europe's prices up by over 80% from their pandemic-induced lows. Even accounting for the 2018 steel tariff imposed by the U.S., it would still be cheaper to import steel than buy it from domestic mills. However, limited overseas supplies and shipping challenges are keeping U.S. imports at low levels, directly impacting the price of steel.

Copper

In the first quarter of 2021, copper prices hit a 10-year high in the U.S. The metal is used in many construction materials, including electrical wires and water pipes. Copper will be in even higher demand in the coming years with the global push toward green energy and electric transportation technology. To put this in context, currently the average U.S. home uses 439lbs of copper, and a conventional automobile uses between 18 and 49lbs. A plug-in electric car uses 183lbs of copper, and a battery-operated electric bus uses 814lbs. The anticipated increase in demand is almost certainly going to impact the cost of copper going forward.

Lumber

The price of lumber, which is utilized in most U.S. home-building and commercial construction projects, is at an all-time high. It is more than twice the typical cost in 2021 compared to 2020. This is

the result of increased residential construction and remodeling during the pandemic, reduced U.S. mill output, and the lumber tariff implemented on softwood lumber imports from Canada in 2017.

Labor

When unemployment topped out at just under 15% in 2020, unfilled construction jobs ranged between 220,000 and 330,000, which were at the same level prior to the pandemic. Skilled labor is difficult to find and contractors are paying a premium for it. The lack of skilled labor can also delay construction projects, which can also be costly.

Infrastructure Spending Plan

As we look forward, demand for all of the items mentioned above will almost surely be impacted further if President Biden's \$2 trillion infrastructure plan is enacted, creating additional demand for labor and materials. The wide-ranging American Jobs Plan looks to improve transportation infrastructure, eliminate and replace 100% of lead piping across the U.S., build the infrastructure for high-speed broadband coverage, modernize the U.S. electrical grid, and build and retrofit more than 2 million affordable and sustainable places to live.

©2021 CBIZ, Inc. All right reserved. This article is reprinted with permission from CBIZ, Inc. (www.cbiz.com). It is distributed with the understanding that CBIZ is not rendering legal, accounting or other professional advice. The reader is advised to contact a tax and accounting professional prior to taking any action based upon this information.



CYBER CRIME ON THE RISE



By: Jens Jensen, PC Claims Manager

Cyber crime is on the rise and public entities are a known target for this type of behavior. You may think your district would not be a prime target because of its size or just the nature of your district's business, but that is not the case.

The fact of the matter is cyber criminals are targeting all different kinds of public entities and infrastructure, and there does not seem to be any kind of discrimination based on size, nature of business, or location. In the news, we have seen attacks on gas pipelines and potable water providers. There is even some speculation that smaller districts may become bigger targets as larger businesses have the advantage of more easily implementing cyber theft deterrent measures.

Cyber crime is often a crime of opportunity. By this, we mean you might be providing the opportunity for the cyber criminal to breach your computer systems. Most often, this breach comes riding right through the front door in the form of an email. Just like the Greeks hid inside the big wooden horse to gain access to Troy, cyber criminals imbed malicious code in emails hoping you will click on them allowing the bad software to infiltrate your systems. Most of the time, once you realize that you have been infiltrated, just like the Trojans, it is way too late. The damage was done several months ago.

Early on in the cyber criminal world, hackers would just gain access to your systems, lock you out, and demand a small ransom to unlock your systems. In today's world, the hackers gain access to your systems, infiltrate your backups, and carve themselves out a home to operate in. When they spring the trap, they generally have been living in your systems for months and have a good grasp on all aspects of your operation. In these situations,

restoring from your backups does not work because those have also been infected.

What can you do? Hackers typically are looking for easy targets. *We worked with Matt Solomon at Eide Bailly to share the following tactics you can employ to help stave off this threat:*

- **Update software often.** Hackers exploit breaches in older software versions. Updates help patch these breaches.
- **Utilize an endpoint protection tool.** This secures devices that have access to your network.
- **Change passwords often.** Require passwords to be changed often and make passwords complex using combinations of symbols, numbers, and upper- and lower-case letters.
- **Restrict access.** Not every user needs administrative access to the entire computer system. Limit this type of access to IT personnel or those that are in charge of IT-related duties.
- **Regularly train employees on how to identify phishing scams.** Your boss did not ask you to go buy some gift cards on Saturday night with your personal credit card. Cyber crime training is going to prove to be just as important as any other types of training you currently do.

Of course, there are dozens of other easy to implement tips and tricks easily found online to help thwart the hackers. The unfortunate truth is a breach in your systems may prevent you from providing the services your patrons are counting on you for. If the hacking is severe enough, this can also lead to distrust by your patrons, especially if your district has dealings with personally identifiable Information (PII) or personal health information (PHI).

Cybersecurity can be a tricky thing to navigate on your own, so SDIS is providing the following upcoming webinars at no charge to you:



- **General Security Awareness Training**
Tuesday, July 20 | 11am-11:50am
- **Implementing Policies for Cybersecurity & Acceptable Use**
Tuesday, August 24 | 10:30am-Noon
- **Data Management and Security**
Tuesday, October 19 | 10:30am-Noon
- **General Security Awareness Training**
Tuesday, September 21 | 11am-11:50am

Visit www.sdao.com/cybersecurity-resources to learn more and register for one of these free webinars. Recordings of past trainings and other valuable resources are also available to you on that page. Also on this page is a cybersecurity guidebook available for you to download.

Should you become a victim of a breach or hack, please contact your agent or the claims office at claims@sdao.com.

GOING BACK

CONSIDER THOSE JOB DESCRIPTIONS



Rumor has it that organizations are in the initial stages and conversations of planning to return to their workplaces. For some of you that means you will return to your original location and building. For many others they may remain working remotely. Job descriptions should be reviewed when your organization is creating new positions, making substantial changes to existing positions, or undergoing a major organizational (or technological) shift. We think this last year and returning counts as a shift making it a good time to review and revise your job descriptions.

In simple terms, a job description is a useful, plain-language tool that explains the tasks, duties, functions, and responsibilities of a position. It details who performs a specific type of work, how that work is to be completed, and the frequency and the purpose of the work as it relates to the organization's mission and goals. **Having accurate, up-to-date job descriptions is vital to an organization in order to:**

- *aid in identifying the requirements of each position.*
- *establish hiring criteria.*
- *orient new employees to their jobs.*
- *set standards for employee performance evaluations.*
- *establish a basis for making reasonable accommodations for individuals with disabilities.*

With the changes over the last year, it is very possible that people's jobs have changed or morphed. You will want to take a close look at these before your return. Accurate and up-to-date job descriptions will help you recruit qualified applicants, generate greater interest in the positions you are filling, evaluate job performance and provide a written record of your expectations.

If you have questions on your job description or need help writing them, just give us a call and we will be happy to assist.

Article written by HR Answers



Protect Your Property from **WILDFIRES** *and Winter*

Summer is here and with it comes beautiful and warm weather. This is the time to get outside to play and have fun. The warm weather should also remind us that the danger of wildfires lurks in the distance, soon to be followed by Old Man Winter. Knowing this, it is never too early to start preparing your buildings.

Unfortunately, wildfires are often an annual event but recently, they seem to be growing in size, frequency and scope. Last year's wildfire season was one of the most severe on record and the forecast for the coming season is no better. With the drought we are currently experiencing throughout the state, things are likely to get worse before they get better. Just because we know the fires are coming, does not mean we cannot do anything about it. Below, you will find some best practices for defensible space that just might save your district from suffering a devastating property loss:

- **Know the three zones of defensible space.**

There are **three** defensible space zones you should maintain. Each zone helps provide a different level of protection from wildfires. The following link provides information and recommendations for each zone: <https://bit.ly/3caZriE>

- **Remove all dead vegetation, needles and leaves around buildings.**

This will reduce the fire load near your structures and help maintain healthy plants.

- **Thin areas to create space between flammable shrubs & trees.**

Creating this space reduces fire load and assists with

crime prevention through environmental design (CPTED) to keep your structures, equipment, and employees safe.

- **Keep areas clean and green around facilities.**

If you have healthy plants and grass growing, they will improve the look around your buildings and reduce the risk of fire.

- **Create flammable fuel breaks with driveways, gravel walkways or lawns.**

Fire breaks can be the difference between losing your structure entirely or suffering little to no damage. Fire breaks are used as a barrier. There are recommendations you should follow for fire breaks, visit this link for more information: <https://bit.ly/3uQVDKg>.

- **Landscape with fire-resistant plants.**

This will help make your landscape look great and help protect your buildings from fire damage. For more information, please use this link: <https://bit.ly/2S7vx8n>.

- **Clean roofs and gutters.**

Make sure to clean your roofs and gutters from any needles, leaves or other combustible materials. This will help reduce the fire load.

We have included additional resources for you to review regarding defensible space:

- Wildland Urban Interface (WUI): Office of the State Fire Marshal: www.oregon.gov/osp/programs/sfm/Pages/Wildland-Urban-Interface.aspx

- Keeping Your Home and Property Safe from Wildfire: A Defensible Space and Fuel Reduction Guide for Homeowners and Landowners: catalog.extension.oregonstate.edu/emg184

- NFPA - Firewise USA®: www.nfpa.org/Public-Education/Fire-causes-and-risks/Wildfire/Firewise-USA

- Wildfire Ready – DISASTERSAFETY.ORG: disastersafety.org/wildfire/wildfire-ready/

- Wildfire Home Assessment & Checklist: www.iafc.org/topics-and-tools/resources/resource/ibhs-wildfire-checklist

The last few winters have created havoc for many members. As a result, SDIS saw an unprecedented amount of claims and cost to the pool. Each year, the Risk Management Department provides information to you in the fall that will help you prepare your buildings for winter. This year will be no different, but we also wanted to suggest some projects you can do in the summer that will give you a leg up in your preparation. By completing some of these projects sooner rather than later, it will save you time, energy and money and allow you to attend to more urgent matters when they arise this winter.

We have listed a few projects below you can start now and be confident your buildings are ready to go this winter:

- **Seal your windows and doors.**

Doing this will limit the amount of cold air that is able to enter your building and will help prevent water from seeping in.

- **Insulate areas that need it.**

This is a good time to make sure you have adequate insulation to help keep your buildings warm. This may also mean examining any exposed piping and wrapping to help prevent the pipes from freezing.

- **Conduct inspections of boilers/HVAC.**

Making sure your boilers/HVAC systems are clean and running efficiently will go a long way toward saving money on heating bills with the added

comfort of knowing they should work properly when the cold weather returns.

- **Inspect roofs/gutters for damage.**

Now is a good time to inspect your roof and gutters to ensure there are no cracks or moss and that the gutters are clean and draining water appropriately and away from the building. This will help to prevent water leaks in your buildings which can lead to an entire host of other issues. You might as well do it now while the weather is still good.

- **Review snow removal procedures.**

It seems like it does not matter anymore where you live in the state; we all seem to be getting some snow each year. You should review your snow removal procedures and conduct preventative maintenance now on any related equipment. It is best to have that peace of mind knowing everything will work when you need it to.

- **Trim trees and bushes away from your building.**

February's ice storm was one for the books, for sure. A great way to protect your buildings is to make certain you trim the trees and shrubs near your buildings to help prevent damage from falling limbs.

- **Inspect and plug any holes in the walls that may be used for utilities, cameras, or cables.**

This is an area we believe often gets overlooked. If you fail to inspect these areas, there will be potential for cold air to enter the buildings or even worse, some type of varmint looking to get warm.

We hope you will find these tips helpful whether you are preparing your buildings for the winter or trying to protect them from wildfires. If you have any additional questions, we would love to hear from you. Please contact the Risk Management Department at riskmanagement@sdao.com.

Follow us on:

Twitter: www.twitter.com/SDAO_Oregon

Instagram: www.instagram.com/SpecialDistricts

PREVENTIVE CARE



Know Your Benefits

The Importance of Preventive Care

According to the U.S. Centers for Disease Control and Prevention (CDC), 7 out of 10 Americans die each year from chronic diseases, many of which are preventable. When preventive care is used and illnesses and diseases are caught early enough, individuals can avoid or better control their health problems.

What Is Preventive Care?

Preventive care is a type of health care whose purpose is to shift the focus of health care from treating sickness to maintaining wellness and good health. Preventive care occurs before you feel sick or notice any symptoms and is designed to prevent or delay the onset of illness and disease. The CDC asserts that treatment for chronic diseases works best when they are detected early.

In its broadest definition, prevention includes a healthy lifestyle, exercise, diet and other similar efforts. Preventive care in a medical setting includes a variety of health care services, such as a physical examination, screenings, laboratory tests, counseling and immunizations. Regular health evaluations will help keep you healthy and prevent more serious problems later.

Why Use Preventive Care?

Preventive care is important because it helps you stay healthy and access prompt treatment when necessary, and it can also help reduce your overall medical expenses.

- Stay healthier and get more effective treatment – Many types of screenings and tests can catch a disease before it starts; for example, diabetes screenings can tell you whether you're pre-diabetic, or whether you already have diabetes without being aware of it.

Starting treatment or lifestyle changes before a disease starts or while it is still in its early stages will help you stay healthier or recover more quickly.

- Pay less for medical expenses – Preventive care saves you money in two ways.
 - First, preventive care helps lower the long-term cost of managing disease because it helps catch problems in the early stages when most diseases are more readily treatable. The cost of early treatment or diet or lifestyle changes is less than the cost of treating and managing a full-blown chronic disease or serious illness.
 - Second, many preventive services are now covered in full by insurance due to the Affordable Care Act (ACA), which means they are free for you if you have health insurance. The ACA requires certain preventive services to be covered with no cost-sharing—this means that for many preventive care services, you will not have to pay a deductible, copay, coinsurance or other out-of-pocket expenses.

The U.S. Department of Health and Human Services has provided lists of preventive services that must be covered by most health insurance plans. Lists are available for adults, women and children, as covered services depend on age and gender. Click [here](#) for the lists of covered preventive care services.

Regence Advantages

Save money and feel great!

As a Regence member, you can enjoy savings on the following health-related products and services. This discount program is offered to all Regence members at no additional cost (although some discounted programs offered by vendors may carry separate fees). **Regence Advantages is not insurance but is offered in addition to your medical and/or dental plan(s) to help you stay healthy and live better.**

The Active&Fit Direct™ Program: Choose from 11,000+ fitness centers nationwide for \$25/month (plus a \$25 enrollment fee and applicable taxes).

CHP CAMaffinity Program: You're eligible for the CHP CAMaffinity Program, which provides a 20% discount on complementary and alternative medicine (CAM) services offered through The CHP Group's network of chiropractors, acupuncturists, naturopathic physicians and massage therapists.

EyeMed Vision Care®: Save 35% on a complete pair of glasses (frames and lenses). Save 15% on non-disposable contacts and \$10 on contact fittings. Discounts are available at leading retailers and many private practice locations.

QualSight®: QualSight makes LASIK easy for members. You can save 40–50% on the national average price of Traditional LASIK or receive savings on procedures such as Custom Bladeless (all laser) LASIK. Find out if you are a potential candidate for this life-changing procedure today.

Zenni Optical: Get high-quality, affordable and stylish prescription eyeglasses direct from the factory. You receive 5% off Zenni's already low prices, with complete prescription eyewear starting at \$6.95. Zenni's online store offers over 3,000 frame styles. Turn any pair of Zenni eyeglasses into sunglasses with a wide selection of tinted lenses.

TruHearing®*: Save up to 60% on hearing aids with TruHearing. Choose from a wide selection of the most advanced hearing aids, including small, virtually

invisible models and models you can control from your smartphone. Your purchase also includes three follow-up visits with a provider, 45-day trial, three-year warranty, and 48 free batteries per aid.

Beltone Hearing Care™*: Members receive set retail prices as low as \$995 for Beltone hearing aids, plus free hearing screening, three-year manufacturer's warranty, loss and damage coverage, and a three-year supply of batteries.

Amplifon Hearing Health Care*: Save 40% on diagnostic services, including hearing exams, and get savings on hearing aids. You'll enjoy a 60-day no-risk trial; one-year follow-up care; a three-year warranty, including coverage for loss and damage; and two years of free batteries (160 per hearing aid) with a lowest-price guarantee.

Walgreens Smart Savings: Save 15% on thousands of eligible Walgreens brand over-the-counter health and wellness products when you shop in store. It's easy to save on vitamins and supplements, allergy, cold and pain relief, eye and dental care, baby essentials and more.**

National Allergy: Save 15% or more on products for non-drug allergy relief, including pillow and mattress encasings, air filtration, asthma management tools, green cleaning products and personal care products. Enjoy discount prices, outstanding service and a 60-day unconditional return policy with no restocking fees.

*Discounts through Amplifon Hearing Health Care (also includes extended family), TruHearing and Beltone are available to members and their parents and grandparents.

** Restrictions apply. See official terms and conditions at [regence.com/advantages](https://www.regence.com/advantages).

CHP Active and Healthy: This discount program gets you up, moving and saving money! With discounts on thousands of vendors (e.g., health clubs, ski resorts, sporting events, museums) for a small annual fee, it's your source for deals on healthy and fun activities.

GreatCall: Save up to \$45 on innovative, easy-to-use mobile products designed to help you or your loved ones lead more active and independent lives. Products include the big-button Jitterbug Flip, the large-screen Jitterbug Smart, and the one-button Lively Alert urgent response device.

OPTAVIA Independent Certified Health Coach, Tonja Noretto: Save \$95 on your first month's order and earn an additional \$25 toward your second! This safe weight management and health program uses scientifically designed OPTAVIA Fuelings, a personal health coach for one-on-one guidance and free OPTAVIA 30 for community support. Lose weight and manage disease through nutritional intervention, free access to health care professionals, educational materials and the "Habits of Health" system. This is a lifestyle change, not a diet. There are no hidden costs or start-up fees.

Jenny Craig®: Your coach provides dedicated support for weight loss guidance, personalized feedback and custom meal planning. Join for free plus receive \$200 in food savings, free coaching[†] with minimum purchase and save an extra 5% off your full menu purchases.[†]

Epic® Dental: Save 25% on smile-protecting supplies, including mouthwash, gums, mints and toothpaste. All contain xylitol, a natural ingredient that fights cavities.

Loloz by HealthyGrid (Dental Optimizer): Stop cavities and decay with all-natural lollipops from Dental Optimizer. They eliminate cavity-causing bacteria, while leaving healthy bacteria intact. Save 25% on lollipops and other products.

Everest Funeral Planning and Concierge Service: Save \$50 on the enrollment fee for Everest's funeral-planning services. Advisors are there 24 hours a day to help you make informed decisions about funeral-related issues.

Banfield Pet Hospital®: You receive a waived enrollment fee for Banfield Pet Hospital's Optimum Wellness Plans® (a savings of \$38.95 – \$45.95 depending on location), packages of preventive care that include annual blood work, vaccinations, de-worming, unlimited office visits, plus more. Banfield is the largest veterinary hospital in the world with more than 950 locations nationwide.

Mom's Meals NourishCare: Mom's Meals is a leading provider of nutrition solutions delivered to any home nationwide. The delicious fresh-made meals are dietitian-designed and chef-prepared, and they include menus for health conditions. Choose from 70 fully prepared nutritious meal choices.

WINFertility: For 15 years, WINFertility has been a trusted resource, linking those dealing with infertility with a network of accessible, affordable and proven fertility specialists. WINFertility offers you lower-than-market-rate treatment bundles consisting of the medical services and medications required to help you have a baby.

[†] Includes 60-day trial membership, food not included. Food savings redeemed as 8 weeks of \$25 US/\$26 CAD food credits with planned menu purchase (avg. \$170 US/\$178 CAD) each week. Full planned menu required for additional 5% food discount. Active program enrollment and eligibility status required. Valid only for new members and former members who haven't had an active visit within the past 60 days. Valid at participating centers and Jenny Craig Anywhere. Not available at jennycraig.com. Not valid with any other offer. No cash value.

Want to learn more?

Access member discounts at [regence.com/advantages](https://www.regence.com/advantages)



GOVERNMENT AFFAIRS

Hasina Wittenberg: 503-906-7228

Mark Landauer: 503-906-7238

UNDERWRITING

Toll-Free: 800-285-5461

Email: underwriting@sdao.com

Fax: 503-371-4781

REPORT AN SDIS WC CLAIM

Toll-Free: 800-305-1736

Email: wc@sdao.com

Fax: 503-620-6217

CONTACT SDAO

Administrators for SDIS

Toll-Free: 800-285-5461

MEMBER SERVICES

Toll-Free: 800-285-5461

Email: memberservices@sdao.com

Fax: 503-371-4781

RISK MANAGEMENT

Toll-Free: 800-285-5461

Email: riskmanagement@sdao.com

Fax: 503-371-4781

REPORT AN SDIS P/C CLAIM

Toll-Free: 800-305-1736

Email: claims@sdao.com

Fax: 503-620-9817

MEMBER CALENDAR

July 1	SDAO First Thursday Webinar
July 12	Member Scholarship Golf Tournament Registration Opens
July 20	Cybersecurity Webinar: General Security Awareness Training
Aug. 5	SDAO First Thursday Webinar
Aug. 10	Regional Risk Management Training – <i>Redmond</i>
Aug. 17	Board of Directors and Management Staff Training – <i>Ontario</i>
Aug. 18	Board of Directors and Management Staff Training – <i>Boardman</i>
Aug. 24	Cybersecurity Webinar: Implementing Policies for Cybersecurity and Acceptable Use
Aug. 31	Board of Directors and Management Staff Training – <i>Astoria</i>
Sept. 2	Board of Directors and Management Staff Training – <i>Salem</i>
Sept. 2	SDAO First Thursday Webinar
Sept. 7	Board of Directors and Management Staff Training – <i>Klamath Falls</i>
Sept. 8	SDIS Board of Trustees Meeting – <i>Tigard</i>
Sept. 9	Board of Directors and Management Staff Training – <i>Brookings</i>
Sept. 16	SDAO Board of Directors Meeting – <i>Salem</i>
Sept. 17	SDAO Member Scholarship Golf Tournament – <i>Newberg</i>
Sept. 21	Cybersecurity Webinar: General Security Awareness Training